

WellKiwis Household Transmission study

The Household Transmission study is an additional study activity which involves close monitoring of participants who test positive for influenza (flu) during the flu season. This will allow us to better understand how the flu virus spreads from an infected person to others in a household setting. If a participating household member returns a positive flu result, the household will be invited to participate in this additional monitoring. If you choose not to participate in this additional monitoring, it will not affect your involvement in the main WellKiwis Household study. If you are going away or have any questions, please contact the **WellKiwis Team** via email: wellkiwis@esr.cri.nz or phone: **0800 493 555**

If a participating member of your household's swab is POSITIVE for influenza (flu):

Your household representative will be contacted by our Clinical team to inform you of the positive flu result in your household and invite you to participate in the Household Transmission study.

Eligibility to participate:

- All household members are current participants of the WellKiwis Household study
- All participating members are living in the home at the time of the positive result
- All members agree to participate in the Household Transmission study activities outline below.

Online daily symptom survey for everyone in your household to monitor ongoing and/or new symptoms.
This replaces your weekly ILI survey while you are active in the Household Transmission study.

Self-swab kits will be delivered to your home for each individual to self-swab every three days. Please follow the instructions that come with your kit.

***An acute blood sample will be collected within the first two weeks of your positive flu result.**

**You will receive a gift card for each swab/ blood sample provided.*

****Self-swabbing will continue every third day for up to 28 days/ 9 swabs or until informed to stop by a member of the Clinical team.**

****Gift cards for swab samples will be sent in one lump sum for each individual upon completion of the Transmission study.**

Weekly ILI surveys will resume and an exit interview with the household representative will be conducted over the phone.

A convalescent blood sample will be collected from your household 4 – 7 weeks after your positive flu result.



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influenza study